Forest School: Session **One** 12.11.2025

Aim of Session:
To introduce the children to the forest school site and for children to learn the forest school rules through our puppet, the owl. A box from conkers was left for us, we revisited vocabulary such as conkers, pine cones.
The children explored the site on their first sessions and became familiar with the surroundings. We also played hide and seek and climbed the silver birch tree. We made fireworks in the leaves and explored the different environmental sounds that fireworks make such as bang, whoosh. The children then had to go on a leaf hunt and find big leaves.
After the session, we reflect on our experiences at base camp.

We have the right to have fun and learn in the outdoor environment.

The impact of Forest School sessions are building children's confidence and self-esteem, they are becoming more confident talkers, learning new words such as silver birch tree. The children have tuned into different environmental sounds helping them distinguish between sounds. The children's physical skills are growing at Forest School with climbing the tree and getting themselves dressed before the session.

" Outdoors is different to 'indoors' and that is exactly why it matters to children " - **J**an **W**hite

Forest School: Session Two 19.11.2025

Aim of Session:

To revisit the Forest School rules. Can the children recall and remember any of these rules?

To revisit learning from Conkers with some woodland animal names. We had to go on an owl hunt and find different numbered owls, we then sorted them into order from 1-10. We then had a message from the bear in the birdhouse-the bear wasn't feeling well and asked us to make medicine for him. We mixed leaves, mud and water together to make our own medicines for the bear. The impact of our second session has developed our imagination around the story 'We're going on a bear hunt'. The children were able to sequence the story and used the natural environment to enhance their story telling. Forest School has also helped children's counting skills with subitising, matching quantities and recognising numerals.